



NEW PATIENT INTAKE FORM

Name: _____ Date: ___/___/___
 Gender: **M** **F** Birthdate: ___/___/___ SSN ___-___-___ Preferred Language: _____
 Home Phone: (____) ____-____ Best Time: _____
 Mobile Phone: (____) ____-____ Best Time: _____
 Is it okay to leave a detailed message concerning your appointment at these numbers? **Yes** **No**
 Street Address: _____
 City: _____ State: _____ Zip Code: _____
 Occupation: _____ Employer: _____
 Email Address: _____
 Emergency Contact: _____ Phone: (____) ____-____
 Please list any health concerns that you have at this time: _____

Please list any medications or supplements that you have been prescribed and/or are currently taking:

Medication or Supplement	Dosage	Frequency	Duration	Reason

Do you have any allergies to medications? _____
 Do you have any other significant allergies? _____
 Do you have any other medical conditions? _____

Date of last Tetanus Shot: ___/___/___ Are you up to date on your Immunizations? **Y N**

Please list any prior surgeries, injuries or traumatic events: _____

Please circle all which with you identify: Single Partner Married Separated Divorced Lesbian
 Gay Straight Bisexual Transgender

Health Habits

Do you eat a special diet? **Y N** Describe _____
 Do you exercise regularly? **Y N** Frequency and Duration _____
 Do you use tobacco products? **Y N** Have you ever? **Y N** End Date: ___/___/___
 Do you use intoxicants? **Y N** Please Explain _____
 Do you drink soda? **Y N** Frequency? _____ Amount: _____
 Do you drink alcohol? **Y N** Frequency and amount: _____ Type: _____

Family History

Do you have any biological relative with any of the following?

Please indicate relationship to you for all "YES" answers.

Condition	YES	NO	Relation
Breast Cancer			
Colon Cancer			
Other Cancer			
Diabetes			
Addiction			
Mental Illness			

Condition	YES	NO	Relation
Heart Attack			
Stroke			
High Blood Pressure			
Thyroid Disease			
Blood Disorder			
Other			

Symptom Review

Do not mark if symptoms aren't present. However if you do, rate symptoms: **1** = Mild, **2** = Moderate, **3** = Severe.

Head and Face

Headaches 1 2 3
 Allergies 1 2 3
 Memory Loss 1 2 3
 Other: 1 2 3

Eyes

Poor Vision 1 2 3
 Eye Pain 1 2 3
 Inflammation 1 2 3
 Other: 1 2 3

Ears

Poor Hearing 1 2 3
 Earaches 1 2 3
 Discharge 1 2 3
 Ringing 1 2 3
 Other: 1 2 3

Nose

Frequent Colds 1 2 3
 Sinus Trouble 1 2 3
 Bleeding 1 2 3
 Difficulty Breathing 1 2 3
 Other: 1 2 3

Mouth

Gum Problems 1 2 3
 Teeth Problems 1 2 3
 Jaw Problems 1 2 3
 Unusual Tastes 1 2 3
 Other: 1 2 3

Throat

Sore Throat 1 2 3
 Hoarseness 1 2 3
 Difficulty Swallowing 1 2 3
 Other: 1 2 3

Body Pain

Arthritis/Rheumatoid 1 2 3
 Muscle Pain 1 2 3
 Difficulty Laying Flat 1 2 3
 Tightness in Chest 1 2 3
 Other: 1 2 3

Circulation

Palpitation 1 2 3
 High Blood Pressure 1 2 3
 Low Blood Pressure 1 2 3
 Bruise Easily 1 2 3
 Bleed Easily 1 2 3
 Slow Wound Healing 1 2 3
 Cold Limbs 1 2 3
 Other: 1 2 3

Gastrointestinal

Excess Thirst 1 2 3
 Excess Appetite 1 2 3
 Weight (Gain) (Loss) 1 2 3
 Digestive Pain 1 2 3
 Nausea 1 2 3
 Vomiting 1 2 3
 Diarrhea 1 2 3
 Constipation 1 2 3
 Blood in Stool 1 2 3
 Colon Problems 1 2 3
 Hemorrhoids 1 2 3
 Other: 1 2 3

Urination

Frequent 1 2 3
 Difficulty 1 2 3
 Nighttime 1 2 3
 Bleeding 1 2 3
 Painful 1 2 3
 Describe: 1 2 3

Skin

Rashes 1 2 3
 Dryness 1 2 3
 Moles or Lumps 1 2 3
 Excess Sweat 1 2 3
 Night Sweat 1 2 3
 Rarely Sweat 1 2 3
 Other: 1 2 3

Neurological

Dizziness 1 2 3
 Nervousness 1 2 3
 Tremors 1 2 3
 Seizures 1 2 3
 Numbness/tingling 1 2 3
 Loss of Balance 1 2 3
 Nerve Pain 1 2 3
 Other: 1 2 3

Energy

Low (fatigue) 1 2 3
 High 1 2 3

Women's Health

Pelvic Pain 1 2 3
 Menopausal sx 1 2 3
 Vaginal Discharge 1 2 3
 Difficulty Conceiving 1 2 3
 Sexual Difficulties 1 2 3
 Other: 1 2 3

Number of Pregnancies:

Number of Living Children:

Menstrual Cycle

Irregular 1 2 3
 Excess Blood 1 2 3
 Lack of Blood 1 2 3
 Dark Colored Blood 1 2 3
 Light Colored Blood 1 2 3
 Bleeding Midcycle 1 2 3
 Clotting 1 2 3
 Water Retention 1 2 3
 Breast Tenderness 1 2 3
 Emotional Changes 1 2 3
 Painful (cramping) 1 2 3

Sleep

Insomnia 1 2 3
 Drowsiness 1 2 3
 Dream Disturbance 1 2 3
 Describe: 1 2 3

Mental Health

Depression 1 2 3
 Anxiety 1 2 3
 Irritability 1 2 3
 Other: 1 2 3

Men's Health

Prostate Problems 1 2 3
 Genital Pain 1 2 3
 Genital Swelling 1 2 3
 Sexual Difficulties 1 2 3
 Other: 1 2 3